

RSE Coverage Map

- ✓ Cyclical: Pupils revisit the five key areas throughout KS1 and KS2.
- ✓ Increasing depth: Each time a key area is revisited, it is covered with greater depth and increasing maturity.
- ✓ Prior knowledge: Upon returning to each key area, prior knowledge is utilised so pupils can build on previous foundations.

The RSE curriculum is taught within the PSHCE Curriculum and will appear throughout the year within some sessions.

Each year we will have a designated week where the RSE curriculum will be taught by staff.

We will use the Kapow Lessons Plans, Big Talk Resources.

During this week the children will need to be taught in their separate year groups.

There is no need to separate boys and girls for these sessions.

Cycle 1 & 2	Term 1	Term 2	Term 3	Term 4	Term 5	Term 6
FS	Pupils learn that they belong to different kinds of groups and their roles within these groups Pupils learn to identify people who are special to them Pupils learn about people in the community who help them and what they do Pupils learn about the similarities and differences between people Pupils learn about how someone might feel if they are different from others around them Pupils learn to explore how they change as they grow up Pupils learn about friendship and how to be a good friend Pupils learn about families and how family members care for each other Pupils learn how emotions affect us Pupils learn about being scared and keeping safe Pupils learn who can help them and who to ask for help					
Year 1	Pupils learn that they belong to different kinds of groups and their roles within these groups Pupils learn to identify people who are special to them Pupils learn about people in the community who help them and what they do Pupils learn about the similarities and differences between people Pupils learn about how someone might feel if they are different from others around them Pupils learn to explore how they change as they grow up Pupils learn about friendship and how to be a good friend Pupils learn about families and how family members care for each other Pupils learn how emotions affect us Pupils learn about being scared and keeping safe Pupils learn who can help them and who to ask for help					

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Year 2	Pupils learn to understand and respect the similarities and differences between people Pupils learn the biological differences between males and females animals and their role in the life-cycle Pupils learn the biological differences between male and female children. Pupils learn about growing from young to old and that they are growing and changing Pupils learn that everybody needs to be cared for and ways that they can care for others Pupils learn about different types of family and the ways their home-life is special
Year 3	Pupils learn about the way they grow and change throughout the human life cycle Pupils learn about the physical changes associated with puberty Pupils learn to recognise their own worth as individuals and to challenge stereotyping.
Year 4	Pupils learn about the way they grow and change throughout the human life cycle Pupils learn about the physical changes associated with puberty Pupils learn to recognise their own worth as individuals and to challenge stereotyping
Year 5	Pupils learn about the way we grow and change throughout the human life-cycle Pupils learn about the physical changes associated with puberty Pupils learn about menstruation and wet dreams Pupils learn about the impact of puberty on physical hygiene and develop strategies for managing this Pupils learn how puberty effects emotions and behaviour and strategies for dealing with the changes associated with puberty Pupils learn strategies to deal with feelings in the context of relationships Pupils learn to answer questions about puberty with confidence and to seek support and advice when they need it
Year 6	Pupils learn about the changes that occur during puberty Pupils learn about human reproduction in the context of the human life-cyclePupils learn how a baby is made and grows (conception and pregnancy) Pupils learn to explore some common myths and misconceptions about who HIV affects and how it can and cannot be transmitted Pupils learn the risk of transmitting HIV during sexual intercourse can be reduced if a condom is used Pupils learn that contraception can be used to stop a baby from being conceived Pupils learn about when and why we should talk about our problems. Why we have rules and law in society Female GenitalMutilation (FGM) is and why it is illegal.